FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burd	en							
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SUGARMAN JAY						2. Issuer Name and Ticker or Trading Symbol Safety, Income & Growth, Inc. [SAFE]									5. Relationship of Reporti (Check all applicable) X Director X Officer (give title		10% Owne)wner	
(Last) (First) (Middle) 1114 AVENUE OF THE AMERICAS, 39TH FLOOR						3. Date of Earliest Transaction (Month/Day/Year) 08/07/2018									A b	Chairman and CEO				
(Street) NEW YORK NY 10036 (City) (State) (Zip)					- 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									ne) <mark>X</mark> F F	orm filed by On	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son			
		Tabl	e I - No	n-Deriv	ative	Se	curitie	s Ac	quired	Dis	posed o	f, or	Bene	ficia	ally Ov	ned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execution Date,					4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4						6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount	(A)	or	Price	Tra	ansaction(s) str. 3 and 4)			(
Common Stock, \$0.01 par value per share 08/07/2							.018		P		5,000		A	\$17.454		73,018			By trusts	
Common Stock, \$0.01 par value per share 08/08/2						.018		P		5,000		A	\$17.425		73,018			By trusts		
Common Stock, \$0.01 par value per share																27,864	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	or Exercise Price of Derivative Security (Month/Day/Year) if any (Month/Day/Year) 8)			Transa Code (5. Nu of Deriv Secu Acqu (A) o Disp of (D (Insti and §	Expiration (Month/I	Date Expriction Expiration Date Expiration Expiration Date Expiration Date Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount of Numbe of Shares		8. Price Derivati Security (Instr. 5	derivative Securities	Owner Form: Direct or Ind (I) (Ins	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

s/ Jay Sugarman

08/10/2018

** Signature of Reporting Person

Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.