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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APP	ROVAL									
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L	OND NUMBER	3233-0201

1. Name and Address of Reporting Person*			2. Issuer Name and Ticker or Trading Symbol Safety, Income & Growth, Inc. [SAFE]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>SUGARMA</u>	<u>N JAY</u>			X	Director	10% Owner				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	- x	Officer (give title below)	Other (specify below)				
1114 AVENUE OF THE AMERICAS, 39TH FLOOR			07/31/2017		Chairman and CEO					
(Street)		10020	 4. If Amendment, Date of Original Filed (Month/Day/Year) 	6. Indi Line) X	vidual or Joint/Group Fili Form filed by One Re					
NEW YORK	NY	10036	_		Form filed by More th Person					
(City)	(State)	(Zip)								

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock, \$0.01 par value per share	07/31/2017		Р		400(1)	Α	\$18.4413	52,360	Ι	By trusts
Common Stock, \$0.01 par value per share	08/01/2017		Р		400(1)	A	\$18.4751	52,360	Ι	By trusts
Common Stock, \$0.01 par value per share	08/02/2017		Р		366 ⁽¹⁾	A	\$18.5455	52,360	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

			(* 57)	,	,			• •									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Nu of Deriv Secu Acqu (A) of Dispo of (D) (Instr and 5	vative rities ired r osed) . 3, 4	Expiration Date (Month/Day/Year)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Expiration Date Amount of Month/Day/Year) Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						

Explanation of Responses:

1. On July 31-August 2, 2017, the Reporting Parson acquired beneficial ownership of an aggregate of 1,166 shares of common stock of Safety, Income and Growth, Inc. (SAFE) through purchases by family trusts in open market transactions pursuant to a Rule 10b5-1 stock purchase plan adopted by the family trust of the Reporting Person on June 28, 2017.

<u>s/ Jay Sugarman</u>

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

08/02/2017

Date